

2nd Sandall Beat 10k Trail Race

Wednesday 16th June 2010 at 7.30pm

With approximate 1 mile Fun Run at 7.00pm

Race Licence 2009/100409

Run under UK Athletics Rules

with Medals to all Fun Run Finishers and T-Shirts to all 10k finishers

EXTENSIVE PRIZE LIST

www.doncasterathleticclub.com



Please complete this section in BLOCK CAPITALS.

SURNAME: _____ FORENAME: _____
ADDRESS: _____ TELEPHONE NO.: _____
_____ E-MAIL: _____
_____ CLUB NAME: _____
_____ MEMBERSHIP NO.: _____

POSTCODE: _____
Age on race day: _____ Date of Birth: _____ Sex (M/F): _____
Predicted Time: _____ Best Time in Last 2 years: _____

T-Shirt Size: **S M L XL** Entry Fee Enclosed: _____

Entry Fees: 10k £8.00 UKA Clubs inc. £2 discount (minimum age 15)
Fun Run £10.00 Unattached Runners (minimum age 15)
£3.00 Under 9's must be supervised by an adult

(Entries on the day + £3 and will NOT qualify for Prizes)

Send entries, cheques or PO payable to Doncaster Athletic Club plus a 9" x 5" SAE (please ensure correct postage) to:
Race Secretary, 24 Wellington Grove, Bentley, Doncaster, DN5 9RW : Closing Date for entries: **Monday 7th June 2010.**

LIMITED ENTRIES TAKEN ON THE DAY

I declare that I am an amateur as defined by the U.K. Athletics rules and agree to abide by these rules. I am medically fit and understand that I enter at my own risk and agree that the organisers shall not be liable for any accidents, injuries, loss or damage that may occur as a result of my participation in the Sandall Beat 10k Trail Race and that should the race be cancelled for any reason I will not be eligible for a refund of my entry fee.

SIGNED: _____ DATE: _____