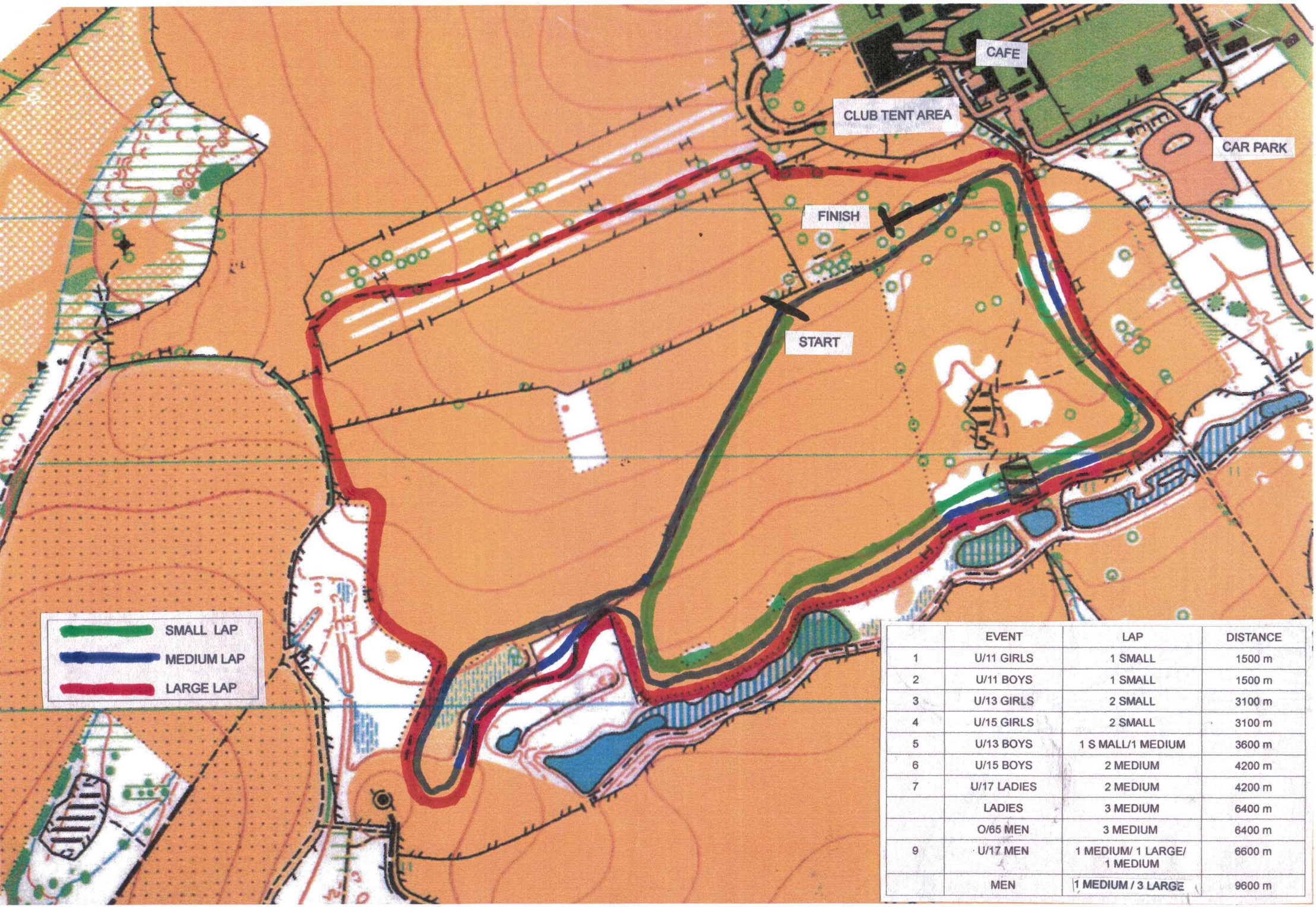

	EVENT	LAP	DISTANCE
1	U/11 GIRLS	1 SMALL	1500 m
2	U/11 BOYS	1 SMALL	1500 m
3	U/13 GIRLS	2 SMALL	3100 m
4	U/15 GIRLS	2 SMALL	3100 m
5	U/13 BOYS	1 S MALL/1 MEDIUM	3600 m
6	U/15 BOYS	2 MEDIUM	4200 m
7	U/17 LADIES	2 MEDIUM	4200 m
	LADIES	3 MEDIUM	6400 m
	O/65 MEN	3 MEDIUM	6400 m
9	U/17 MEN	1 MEDIUM/ 1 LARGE/ 1 MEDIUM	6600 m
	MEN	1 MEDIUM / 3 LARGE	9600 m