



Run Jump Throw

Doncaster

98 Stadium Way, Doncaster DN4 5JB

Provisional Timetables

Thursday 20 th of August 1600-1800 U13 & U15	Thursday 20 th of August 1800-2100 U17+	Thursday 20 th of August 1800-2100 U17+
TRACK 1600 100m 1645 800m 1730 200m Field 1600 LJ U13 1700 LJ U15 Field 1600 Shot Putt U13 1700 Shot Putt U15	TRACK 1800 100m 1845 400m 1915 800m 2000 200m Field 1800 LJ below 5 1900 LJ 6m+ 2000 LJ 5m+	Field 1800 DT below 25 1900 DT 30m+ 2000 DT 40m+ Field 1800 SP 10m Plus 1900 SP Elite 2000 LJ 10m Below
Athletes can only do 1 track event expect 100 and 200m Max 8 athletes per Field Pool	1 track event expect 100 and 200m can be combine in the same social Bubble race group. Max 8 athletes per Field Pool	Max 8 athletes per Field Pool Can do Shot and DT together

Events information <https://sheffieldathletics.co.uk/>

Online entry only Limited space closing Date Sunday 16th of August
£10 per event.

Enter on: <https://www.race-results.co.uk/results/2021/>

Open to ages u13+ and seeded by ability within age group.

Age Groups: as at 31 August 2020

Under 15. Under 13 1 **All Electronic timing**

Enquiries Mobile 07703185159

Email:

Athletes will have limited time in the arena and must follow all Covid Guidelines or will be asked to leave:

Athletes can only have 1 spectator both must sign in using a mobile device and a QR scanner on entry and exit to the arena

Races will be in bubbles of 6 for all track events 8 for field events.

All events are pre seed and will go out on the Wednesday:

More NGB info can be found here:

<https://www.englandathletics.org/athletics-and-running/news/guidance-update-for-restricted-return-to-activity-for-coaches-leaders-athletes-runners-and-facilities-step-3/>

<https://d192th1lqal2xm.cloudfront.net/2020/08/EA-Return-to-Track-and-Field-Competition-Guidance-4-Aug.pdf>

