



# DONCASTER SPRING OPEN MEETING 2013

Hosted By  
**DONCASTER ATHLETIC CLUB.**  
on **SUNDAY 12th MAY 2013.**

Commencing at 10:30 am Field Events, 11:00 Track Events.



U11 B&G	80m 150m 600m Long Jump Turbo Javelin
U13 B&G	70/75mH 100m 800m 1500m Long Jump High Jump Shot
U15 B&G	75/80mH 100m 200m 400m 800m 1 Mile Long Jump High Jump Shot Discus Pole Vault
U17 M&L	80/100mH, 100m 200m 400m 800m 1 Mile Long Jump High Jump Discus Javelin Pole Vault
J/S M&L	100/110mH 100m 200m 400m 800m 1 Mile 3000m Long Jump Discus Javelin Pole Vault

Sprint Hurdles:- 70m, 75m, 80m, 100m, 110m, U13/U15/U17/Jun/Sen.

Relays:- 4 x 100m. Teams U13/U15/17 & Jun/Sen. Enter on the day.

Come and officially set your time for the 1 Mile.

## MEDALS AWARDED TO FIRST 3 IN EACH EVENT

U11, U13, U15, U17 FIELD EVENTS RECEIVE THREE ATTEMPTS

JUN/SEN FIELD EVENTS RECEIVE 3 + 3 ATTEMPTS FOR TOP 6 EACH AGE GROUP

High Jump 1.05m Opening Height, Rising Bar. Pole Vault 1.70m & 3.00m Opening Height, Rising Bar.

**ENTRY FEES:-** £4 for 1 event, £6 for 2 events, £8 for 3 events.  
Relay Teams £8. Jun/Sen £3 per additional event.  
Entries on the day £5 per event before 10:30am.  
Entries WILL be limited.

Please make all cheques and p.o's payable to **DONCASTER ATHLETIC CLUB**

**ENTRIES TO:-** Steve Harrison, 27 St Mary's Walk, Sprotbrough, Doncaster, DN5 7NZ  
UK Athletic rules apply  
(max 3 individual events plus a Relay U17 and below)  
Minimum age 8 Years on the day, Ages as at Midnight on 31<sup>st</sup> August 2013  
**CLOSING DATE FOR POSTAL ENTRIES MONDAY 6<sup>th</sup> MAY 2013**

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## ENTRY FORM – KEEPMOAT OPEN 2013.

NAME..... TEL. NO.....

ADDRESS.....

CLUB..... MEM. NO.....

EVENTS ..... D.O.B.....

..... AGE GROUP.....

..... MALE/FEMALE .....

ENTRY FEE ENCLOSED..... SIGNED.....

For event running order, entry confirmation and directions please see websites. Numbers issued on day.

**[www.doncasterathleticclub.com](http://www.doncasterathleticclub.com)**